



OUR RATES

✉ **BeautifulFitFree@gmail.com**

LIFESTYLE SERVICES

HOLISTIC WELLNESS STARTER - \$100
VIRTUAL HOLISTIC WELLNESS - \$50
21 DAY HOLISTIC PLAN - \$300
PERSONAL YOGA STARTER - \$60

PERSONAL TRAINING

30 MINUTE STUDIO - \$40
FIVE 30 MINUTE STUDIO - \$160
50 MINUTE YOUR LOCATION - \$50
4 - 50 MINUTE YOUR LOCATION - \$180

Prices for offsite are for locations within 10 miles of Owings Mills

INDIVIDUAL YOGA

50 MINUTE STUDIO - \$50
FOUR 50 MINUTE STUDIO - \$180
50 MINUTE YOUR LOCATION - \$60
4 - 50 MINUTE YOUR LOCATION - \$220

OTHER WELLNESS SERVICES

WEEKLY MEAL PLAN - \$25
INTUITIVE MASSAGE - \$60 HR
Custom Services
CORPORATE WELLNESS SERVICES
YOGA WORKSHOPS
RETREATS
Prices vary. Free consultation.



is now **BeautifulFitFree.com**

by Lori Dee Fitness & Yoga Diva

The divine in me honors the divine in you.